



approved vehicle and all other supervising adults. Scholars who ride school transportation to the field trip location must return via school transportation to Paideia.

Field trips are a great privilege provided by Paideia Academy to compliment the learning experience of the scholars in coached projects. Scholars who have demonstrated inappropriate or disruptive behavior in the classroom or on previous field trips may not be allowed to participate in the trip ***at the sole discretion of the Principal.***

Parents, volunteers, and all who supervise scholars on field trips must read and sign our “Volunteer Agreement” prior to the trip. Chaperones and volunteers must speak English or bring a translator to facilitate supervision responsibilities. Only preapproved adult chaperones may ride school provided transportation ***if room permits.*** Non-chaperoning adults must provide their own transportation. Siblings of scholars and other children may not ride school provided transportation, and should not accompany or join the class on field trips, which are for the benefit of scholars in the class.

Food is provided on field trips that extend over a normal lunch period. Scholars should not bring food onto the bus. If the scholar has a special dietary requirement, please notify the teacher and the scholar’s food will be marked and kept with the field trip lunches.

Food Services

Breakfast/Lunch

Breakfast begins at 7:00 am and ends at 7:50am each morning. Breakfast will be paid this year, according to your [eligibility](#). **Scholars arriving after 7:50am will not be served breakfast.**

School lunches will be paid this year according to your eligibility, including milk. Milk a la carte is an additional 25 cents.

Breakfasts and lunches may be paid daily, weekly, or monthly. Your scholar must have money in their account to receive breakfast or hot lunch, so please budget accordingly. Severe negative balances left unpaid may result in your child being provided an alternative meal each day until payment arrangements are made. Bi-weekly statements are sent out and placed in your scholars backpack.

As part of the National School Lunch program (NSLP), the school offers breakfast and lunch free or at a reduced price. Free and reduced meal applications are available in the office and on the Paideia website <https://www.paideiaacademy.com/breakfastlunch-menus> or you can email Mrs. Mugica at mmugica@paideiamail.com. Only one application is required per family. Upon completion, we will inform you immediately of your eligibility status.

Prices for the Breakfast, lunch, snack and dinner will be determined at a later date. You will receive an email and the prices will be posted on our webpage.



Free/Reduced Meal Application

We ask all families to complete the Free/Reduced Meal Application. This enables families to receive discounts to Extended-Day school programs and discounts to college entrance exams. Forms are available at the front office in the Baseline building. Upon completion, we will inform you immediately of your eligibility status.

Meals/Food Brought from Home

Paideia *cannot accommodate meals that require heating or reheating*. Microwaves are OFF LIMITS to scholars. Scholars sent with a home-provided meal must be ready for them to eat without requiring additional preparations.

Snacks – Help your scholar do well at school!

Can your scholar’s diet help them do better in school? You bet! Research shows that what you eat is one of the most powerful influences on everyday brain skills. We encourage families to send healthy snacks to school with their scholars. We allow healthy snacks to be eaten sometime between breakfast and lunch and/or before the end of the day. Snacks are an essential part of the learning day!

Nutrition research shows that ***eating small portions*** between breakfast and lunch and then between lunch and dinner is beneficial to overall health. We have found that several parents send healthy snacks to school with their scholars. We applaud you!

Healthy Snacks are Encouraged: Unhealthy snacks, such as highly processed foods– (Doritos, Takis, Cheetos) and high sugars snacks (candy, “sports” drinks, sugar drinks) are high in sugar, fat, sodium, dangerous preservatives and other additives. Read the ingredient list – if you can’t pronounce the ingredients, don’t eat it! We discourage these types of junk foods in the classroom with your scholars.

The following is a short list of very healthy snacks that will benefit the health and learning of your scholars.

- Fresh fruit such as apple slices
- Yogurt
- Trail Mix with nuts, seeds, and dried fruit.
- Fresh vegetables such as red peppers, broccoli, carrots, celery
- Whole wheat snacks such as pretzels, crackers and cheese

Nut allergy alert – please notify your scholar’s teacher with a doctor’s note of any nut allergies.

Vending Machine Policy: Scholars are allowed to purchase or consume vending machine products during the school day. All vending machine products have passed the health and nutrition guidelines of Paideia Academy. Vending machines are cash only.

Gifted Program

Arizona State defines a gifted pupil as a pupil who has scored at or above the 97th percentile in one area, or a combination of verbal, nonverbal or quantitative reasoning areas, on a state approved test.