



School Wellness Report Card

The Paideia Academies

OUTSTANDING	SATISFACTORY	NEEDS IMPROVEMENT	Students need healthy food and environments to reach their full potential. This report reviews our progress towards the goals outlined in our Local Wellness Policy to help student's succeed!
☒	☐	☐	All schools participate in the National School Lunch and School Breakfast Programs, and meals meet federal nutrition standards.
☒	☐	☐	Meals are served at a reasonable time in clean, pleasant settings, with free drinking water available
☒	☐	☐	No foods are sold to students during the school day that fall short of Smart Snacks standards, and no exempt fundraisers are held.
☒	☐	☐	Food and beverage marketing on campus is limited to items that meet Smart Snacks standards.
☒	☐	☐	Parents and teachers receive healthy party ideas, Smart Snacks lists, and non-food reward ideas.
☒	☐	☐	The Wellness Committee meets annually, and the public is invited through website and lobby postings.
☒	☐	☐	Schools provide safe spaces and equipment for activity, and physical activity is never withheld as punishment.
☒	☐	☐	Families are encouraged to participate in school meals, menus are posted online, and school events include healthy activities.
☐	☒	☐	Nutrition is being built into lessons across subjects, and staff are receiving nutrition training.
☐	☐	☒	Each school will have a written wellness plan, and the policy and progress reports will be posted online.

Highlights

The Paideia Academies serve breakfast and lunch through federal meal programs at every school, with free water at all meals and menus posted online. All food marketing on campus meets USDA Smart Snacks standards, and school events include healthy food and physical activity. Students have safe spaces to be active, and physical activity is never taken away as punishment.

Areas for Growth

In the coming year, our Wellness Committee will meet three times a year to guide this work. We will create a written wellness plan for each school, post our wellness policy and progress reports on our website, and continue building nutrition education into lessons across all subjects.